

FAQs about the Pro EFT™ Certification Assessment Program

The Pro EFT™ Institute is the only educational body that requires in-person assessments with a Board of highly qualified, Certified Pro EFT™ Practitioners. This makes us unique in the Energy Psychology field. Those who pass our Certification Assessment Program™ do so at the highest possible level, having gone through the most rigorous written and proficiency testing available.

Pro EFT™ offers over 20 exclusive techniques, processes and methods not taught with basic EFT. We are proud of the efficiency and effectiveness these techniques offer, and the skill and proficiency of our Pro EFT™ Certified Practitioners use in the execution of them. It will be you, the practitioner, who brings these techniques to your clients and the world.

Below you will find questions we are often asked... or things you should know. We have organized them into these two categories:

1. [Qualifying for Certification](#)
 2. [About the Certification Assessment Program itself](#)
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Qualifying for Certification:

I'm new to tapping so where and how do I get started?

You're in the right place. Just read the answers to the questions below, which should get you up to speed.

Do I have to be certified to become a Pro EFT™ practitioner?

No, but it really helps with your experience, confidence, skill level and credibility with clients. You can start your practice, however, while preparing for certification, which we recommend. After completing the requirements outlined below, through Level 3 (the Practitioners Intensive,) you will be an Apprentice Practitioner, or Practitioner in Training.

We offer you a listing on our Pro EFT™ Institute website (at a small fee) where you can get real-world practice with actual clients. There are thousands of practitioners out there who are not certified, and it shows in their results. The best practitioners take their training seriously and their clients reap the benefit from the extra level of expertise and training.

How do I qualify to take the Certification Program?

1. You must take and pass our Pro EFT™ Level 1 and 2 either via our in-person workshops or via our live or recorded Level 1 and 2 web-classes.
 - Check live workshop dates at www.TappingWorkshops.com
 - Find out about our web-classes at:
http://www.proeft.com/WebClasses/Level1_2RECORDINGS_Reg.html
2. You must also attend and pass our Level 3 / [Practitioners Intensive.com](http://PractitionersIntensive.com) (in a live workshop, not via recordings)
Note: While videos of our Practitioners Intensive may be available via recordings, you cannot use that as a qualifier to move on to Level 4 or certification.
3. You must attend our [Level 4, Continuing Education Course](http://Level4ContinuingEducationCourse) and associated web-classes. However, this is a course you may attend live or via streaming video (which is recorded.) And, you must pass the test. Here is the link to purchase the Level 4 recordings: <http://tinyurl.com/Level4Recordings-Reg>
4. You must pass written exams on all of the above workshops, with at least 80% correct answers. In all cases, you may take an alternate test should you not pass the first time.
5. You must log at least 150 client hours, with at least 50 different people/clients.

Note: You may count half of the time you work with a tapping buddy or other practitioner. That is, if you are the 'practitioner' for an entire 1-hour session, you may count 30 minutes of that toward your accumulated requisite hours. You may not count time you spend as the 'client,' however, you may count practitioners or tapping buddies in your required 50 people/clients.

Can the Certification Assessment Program be taken online?

No. (See the below explanation for the exams.)

Can the written, oral and proficiency exams be taken online?

No. The evaluators need to experience first-hand how a candidate works with "clients", in order to accurately evaluate their proficiency. Evaluations by our Board are done at several levels, that at this point cannot be achieved online.

I have had a lot of prior EFT experience, so can I just start at Level 3? Do I have to redo Level 1 and 2?

No and Yes. Pro EFT™ goes beyond the scope basic EFT. In levels 1 and 2 alone we teach muscle testing, Reversal Neutralization™, Bundling Baggage™, the Golden Gate Technique™, the Belief Busting Technique™, Tapping into your

intuition and more. So no, you cannot start at Level 3 with basic tapping experience, and yes you must take Pro EFT™ Level 1 and 2 with us. It can be done via an in-person workshop or via recorded webinars (see link above.) Find listings of all of our live and virtual workshops at www.TappingWorkshops.com

What's the difference in Level 3, the Ultimate Practitioners Workshop (no longer offered) and the Practitioners Intensive?

Level 3 (formerly known as the 3-day Ultimate Practitioners Workshop™) is included in the four-day Practitioners Intensive™. The Intensive goes beyond regular Level 3 content, including processes such as the Ultimate Truth Statement™, the Tapping Tree™, the Tower of Shame™ and much more. It also includes five mandatory, pre-recorded.

Do I need to complete the 150 requisite session hours before taking the Certification Program?

Not necessarily, however, you should have at least 100 client hours to be experienced enough for this program. You will not get your certificate until you accumulate the required 150 client hours. Knowing the material and techniques and how to apply them is essential to your being Certified.

Do I need to document the clients and hours?

Yes. We aren't looking for details, just the date, names, and time spent in the session. Then total the number of applicable hours. We do spot checks on these and rely on the integrity of the student. If someone tries to fudge their hours we will know it. There is nothing that can replace experience in the field and the lack of it shows during the proficiency testing.

Can I take the Certification somewhere other than San Francisco?

Not at this time. In the future we will make that available as we have more trainers nationwide. But not yet.

If I get certified in Pro EFT™ can I then be a trainer?

Yes you can, but not until you take our [Train the Trainer Course](#). Check that link

for the next date and for more information about his course. It includes extensive experience, on camera, with you in front of the room (with the rest of your class, not with real students.) ;-)

Do I need to be certified in Pro EFT™ to be a trainer?

You *do not* have to be certified as a practitioner to become a trainer for us, but it's a huge advantage. The experience and credibility of being a practitioner is priceless. You will get a lot of questions from students, while teaching that requires real world experience, beyond the scope of the training materials. Therefore a solid foundation as a practitioner is very important.

Note: You can take the Trainers course after taking and passing the Practitioners Intensive. And you can start training Levels 1 and 2 upon graduation from the Train the Trainers Course. Level 3 training requires two years experience as a Level 1 and 2 trainer and two years as a practitioner. Then you can take the course for Level 3 training.

After taking the Certification program will I be certified in Pro EFT™?

No. Taking our Certification Assessment Program does not mean you will be automatically certified at the conclusion of the program. You must pass the skill and proficiency testing by our Board, the written exam, and have 150 documented client hours to get your Pro EFT™ Practitioner Certification.

Not everyone who sits for our Board Certification passes it; however, we do offer a second final exam (after 30 days) as well as another Board assessment online (for an additional fee of \$200). We find our students do fine by putting in the practice hours with clients and tapping partners, as well as making sure they understand the various techniques and processes and their application.

About the Certification Assessment Program itself

What do you teach in the Certification Program?

No new techniques will be taught during the Certification Assessment Program but we do a lot of review on techniques you will have learned in the Level trainings. Candidates also learn about making the most of their skills, how to determine what process to use; why and when, tuning into intuition and much more.

The assessment program is about review, academic testing, and the observation of the candidates' knowledge. And of course at least 50% of your score is based on competency and proficiency in Pro EFT™ skills.

A brief summary of the three days looks like this:

- Day 1: review the core Pro EFT™ techniques and methodologies, as well as practice in dyads, groups and in front of the room. There will be an abundance of time for practice, group feedback and Q and A.
- Days 2 and 3: assessment and certification by our Board, which includes Lindsay, Tess Pierson (Director of the Pro EFT™ Institute,) and at least two Pro EFT™ Masters. The last part of Day 3 is the Certification final exam. It's an accumulation of tests from all four levels of our workshops and more. You will be provided a sample final exam when you register for the Certification Assessment as a study tool.

What are we going to be tested on?

You should know *how* and *when* to use these foundational Pro EFT™ techniques:

- ✓ New Reversal Protocol™
- ✓ Golden Gate Technique™
- ✓ Bundling Baggage Technique™
- ✓ The Tapping Tree™ and Prosperity Tree™
- ✓ Relationship Remedy™
- ✓ Role Reversal™
- ✓ Ultimate Truth Statement™
- ✓ Personal Power Process™
- ✓ Belief Busting Technique
- ✓ Dan Rather Technique™
- ✓ Tower of Shame™
- ✓ Ultimate Choice Reversal™
- ✓ The PHOOSIE Method™

You should also know how to:

- Determine what processes will work best for the client's unique issues
- Identify and neutralize reversals (all four kinds)
- Ping-Pong statements with clients
- Establish rapport with clients; live and on the phone
- Deal with trauma (singular incidents and repetitive ones)
- Approach and resolve hard-to-measure issues like procrastination, addictions, weight, clutter, low self-esteem and self-sabotage
- Deal with any complex issue, including depression
- Use muscle testing correctly and effectively
- Identify when to refer a client to someone else
- Deal with basic emotions of anger, frustration, stress, anxiety, shame, guilt,

- remorse, humiliation and fear
- Deal with more challenging issues, such as; PTSD, suicidal threats, self-destructive behaviors, domestic violence, personality disorders, etc. (Note: *Until you are more experience with these issues you should refer these types of issues or disorders to others, unless you are a licensed therapist or health care worker.*)
 - Use Pro EFT™ with the Law of Attraction
 - Identify the differences between basic EFT and Pro EFT™
 - Spell Pro EFT™ correctly and know what the initials or abbreviations stand for
 - Different ways to determine the SUDs or intensity level
 - Different ways to test for the resolution of an issue

What will we be evaluated on?

The elements we will be testing you on are these:

- ✓ Intuition
- ✓ Reframing
- ✓ Comprehension of issue
- ✓ Detective work
- ✓ Rapport
- ✓ Sensitivity to clients' needs
- ✓ Listening ability
- ✓ Issue resolution
- ✓ Judgment in the choice of technique(s) or method(s) used
- ✓ Knowledge and skill in using technique(s)
- ✓ Use of Reversal Neutralization™
- ✓ Reading clients' body language or other non-verbal clues
- ✓ Overall competence and proficiency

What kind of testing or exam may we expect?

Proficiency testing is done in the form of skill observance and demonstration in dyads and group sessions. We also pay attention to verbal Q and A sessions, as well as the candidate leading entire sessions in front of the classroom of your peers and the assessment board. Tap, tap, tap.

Other skills or knowledge we are looking for include:

- Knowledge and application of core Progressive EFT™ processes and techniques
- Application of *the art of Pro EFT™* with clients, including rapport building, pre-framing, reframing, use of humor, intuition etc.
- Handling yourself under pressure: everyone will have an opportunity to work in front of your peers, in front of the class or smaller groups. And every candidate will conduct three or more entire sessions with a Board member observing.
- Skills used during phone sessions

Tips for studying and preparation:

- Review your notes, workbooks, slides, and online support library for Levels 1 through Level 4 material. Watch the L4 class recording, whether you attended the class or not. If you attended the class live or virtually, a link to the recordings is on the class confirmation and materials page. **Here is the link to purchase Level 4 if you don't attend the class:**
www.ProEFT.com/workshops/Level4_RecordingsReg.html
- Take the L4 final exam for your own edification. As well, please take the Certification Sample Exam (which will be on your confirmation/materials page when you register.) Additionally attend the pre-class teleclasses or webinars. They will also be listed on the confirmation page. Attending these optional classes will give you the opportunity to ask questions not shown here.
- As mentioned before, there will be a written exam (so tap on that now,) and probably some things not mentioned above. However, the written exam is similar to those taken in your UPW / Level 3 Workshop and the sample given. They will include multiple choice, true and false and essay questions. If you have taken and passed those tests already (which is mandatory to be in the Certification program,) then you will already be familiar with the context and much of the content of the Certification exams. There won't be surprises, as we want you to pass.

What do I need to bring to class?

A well-rested body and brain is always a great place to start! As well, you may bring your notes, workbooks, handouts etc. The written exams are closed book, but you may use previous material up to that point on day three. The in-person assessments are also closed book. As always, bring writing materials and your laptop or iPad if you wish.

After Certification then what? Do you have any other advanced courses?

Yes, we offer two exceptional ones; the [Train the Trainer Course](#), mentioned above and our Pro EFT™ Masters Program. Read more the latter at: <http://www.ProEFTMasters.com>